



HEALTHY RELATIONSHIPS ARE:

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HONEST

We share how we feel.
We tell the truth.
We take responsibility for our actions.

SAFE

We respect each other's boundaries
(physical, emotional, sexual).
We control our anger.
We never use intimidation,
threats, or violence.

RESPECTFUL

We value each other's feelings.
We value each other's opinion.
We admit when we are wrong.

FAIR

We compromise.
We share decision-making.
We each do our part.

SUPPORTIVE

We listen without judging.
We believe in one another.
We care if the other is happy.

BECOMING
FREE



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