



## YOU CAN HELP STOP THE VIOLENCE

At the Canadian Women's Foundation, we want every woman to live free from violence. In 2011, we will invest over \$2 million to help women in Canada move out of violence.

## OUR APPROACH

**SHELTERS**—We support more than 450 emergency shelters across Canada, helping women and children who are in immediate danger from domestic violence.

**VIOLENCE PREVENTION**—In 2011, we will invest in 59 violence prevention programs, reaching more than 30,000 women and girls across Canada. We invest in seven different types of programs:

- HR HEALTHY RELATIONSHIPS** – These school-based projects help to stop the intergenerational cycle of violence by teaching young people about dating violence, gender stereotypes, sexual harassment, and how to create safe and healthy relationships.
- RB REBUILDING LIVES** - Women who have escaped domestic violence begin to rebuild their lives through counselling, legal advice, and safety planning. They receive help finding a new place to live. Their children receive counselling that helps them cope with the aftermath of trauma and avoid becoming future victims or abusers.
- SS SECOND STAGE** - When women move out of an emergency shelter, they often need help to stabilize their life and become economically self-sufficient. These safe housing facilities are designed especially for them. Women and their children live in affordable apartments while attending free on-site services such as job search workshops and counselling. Typical stays range from six to eighteen months.
- LN LOAN FUND** - Many women stay with an abuser because they cannot afford to live on their own. With these small interest-free loans—often called “micro-credit”—women can pay first and last month's rent, cover security deposits for heat, hydro, and phone, and cover other essential housing costs so they can escape the violence.
- EMP EMPOWERMENT** - These programs help women and girls who are at risk of violence or sexual assault to improve their safety and build their confidence. They learn about violence prevention strategies, setting personal boundaries, gender stereotypes, healthy relationships, body image and eating disorders, substance abuse, stress management, diversity, and media awareness.
- SE/ST SEXUAL EXPLOITATION / SEX TRAFFICKING** – Young women who are being sexually exploited can access services to improve their safety and make lifestyle changes. Groups working to address the growing problem of sex trafficking in Canada can offer educational seminars and create new community partnerships.
- COM COMMUNITY BUILDING** – A growing number of community organizations are building networks to help them coordinate the delivery of services, share their knowledge of promising practices, research new violence prevention approaches, and collaborating on strategies to end violence against women and girls.

## OUR PARTNERS

Our violence prevention work is made possible by the generous support of the following partners:

Shelter from the Storm campaign and campaign partners:

- Winners and HomeSense
- Rogers

CWF violence prevention fund partners:

- TD Bank Financial Group
- The Avon Empowerment Fund for Women
- The Royal LePage Shelter Foundation Fund
- The Scotiabank Fund
- The Hbc Foundation Fund
- The Aimee Quitevis Memorial Fund
- The Tony McNaughton Memorial Fund
- The Paula Menendez and Julie Crocker Memorial Fund
- The Joan and Clifford Hatch Foundation
- Leacross Foundation
- Preferred Nutrition

...and our many wonderful individual donors across Canada.

Thank you for helping to stop the violence.

## OUR 2011 INVESTMENTS

### NATIONAL

- COM **A Local-Level Community Development Strategy for Preventing, Responding, and Eliminating Violence in the Lives of Women with Disabilities and Deaf women** **\$28,000**  
*Disabled Women's Network and Community Living Canada*

This is a national strategy to create violence prevention and public education programs that are accessible to women with disabilities and deaf women. The project will use a community development approach, in communities located in every province and territory in Canada.

- COM **H4W** **\$28,000**  
*YWCA of Canada*

This is a national campaign to end women's homelessness in Canada. H4W means: Housing for Women, Homes for Women, Health for Women, and Help for Women. The goal is to raise public awareness about why women become homeless and the risks they face when they live on the street. The campaign will also to work to implement long-term solutions.

### NUNAVUT

- EMP **Girls Club** **\$28,000**  
*YWCA Agvvik Nunavut / Baffin Regional Agvvik Society, Iqaluit*

This is a weekly club aimed at increasing girl's self-esteem. In the club, the girls will learn new skills in communication, leadership, self-defence, and conflict resolution. They will also join in group discussions about gender roles and stereotypes, how to create healthy relationships, body image, and making healthy life choices. The girls will also help to plan a girl's conference, tentatively scheduled for February 2012.

- COM **Research and Community Building** **\$5,000**  
*Pauktuutit Inuit Women of Canada, Ottawa*

This is a qualitative research project on how the resource industry - oil, gas, and mining - affects the health of Inuit women. One of the goals of the project is to raise awareness among northern communities, governments, and industries of the social and economic costs of these activities. The project also hopes to prevent the sexual exploitation of local residents by involving them in the research process; youth and elders from the communities will help to choose key research questions and conduct interviews.

## BRITISH COLUMBIA

- COM**    **Jane Doe Network**    **\$28,000**  
*Pivot Legal Society/ Hope in Shadows, Vancouver*  
This program helps women and girls who have experienced domestic violence or sexual assault to learn about their legal rights and navigate the court system. It also aims to build a stronger network of community workers with legal knowledge; these front-line workers are often women's only source of legal support. Using a 'train the trainer' format, the workers will learn about legal issues through in-person workshops and online resources. The project includes monthly Jane Doe Advocate Meetings, where legal advocates and other front-line workers can share information, learn from one another, and coordinate their efforts to improve the legal system's response to cases of violence against women.
- SE/ST**    **Peer Safety Patrol**    **\$25,000**  
*WISH Drop-In Centre Society, Vancouver*  
This program makes life safer for women doing sex work, and provides a job for women who want to get off the streets. Former sex trade workers are recruited by the program and trained as Safety Patrollers. They learn outreach strategies, basic First Aid, incident report-taking, safe needle retrieval, de-escalating conflicts, and self-defence. When Safety Patrollers are around, sex workers are less likely to be assaulted and neighbourhood violence declines, making streets safer for residents and businesses, too.
- HR**    **Respectful Relationships**    **\$28,000**  
*Musqueam Indian Reserve, Vancouver*  
Respectful Relationships is a highly effective violence prevention program that has successfully been delivered across Canada, usually through high schools. In this program, it will be adapted for a First Nations reserve and delivered by the people who live there. Adults and youth—both men and women—who live on the reserve will be trained to deliver the program to the community's young people.
- HR**    **Respectful Relationships**    **\$10,000**  
*Robson Valley Support Society, McBride*  
This grant will allow the organization to continue delivering the award-winning Respectful Relationships program in local schools. Over the school year, as many as 100 students will be directly reached by the program and another 100 will benefit indirectly. The funding extension will also help the organization to secure ongoing sustainable funding from local sources.
- SE/ST**    **Stepping Out**    **\$25,000**  
*Nanaimo Women's Resources Society & Haven Society*  
This program works with women who are engaged in street-based sex work to make their lives safer and help them to successfully achieve lifestyle changes. It provides a full continuum of care, including information about health and community services, and learning basic life skills.
- SS**    **Time At Thyme**    **\$25,000**  
*Sunshine Coast Community Services Society, Sechelt*  
Women who have escaped violence and are living at the Thyme Second Stage Housing facility can join a weekly support group and monthly parenting consultations. When they are ready to leave Thyme and set up a new household, they will receive a 'Welcome Bin' that includes necessities like cleaning supplies and a basic tool kit. They will also receive ongoing support from the facility's staff to ensure they have a successful transition to permanent housing.
- HR**    **Violence Prevention**    **\$14,944**  
*Hope and Area Transition Society*  
The goal of this program is to break the cycle of violence against women and children by teaching children how to identify an unhealthy relationship. The program is offered to all school-aged children in the Fraser-Cascade School District. Students will learn about the dynamics of family violence, the long-term effects of abuse in relationships, and the importance of respecting the beliefs of others.

## ALBERTA

- COM**    **Domestic Violence Response Unit**    **\$7,100**  
*High Level Community Policing Society*  
This new team is comprised of members of the RCMP, the North Peace Tribal Council, and Family and Children Services. It operates in north-western Alberta, serving eight communities and covering more than 30,000 square kilometres. The goal of the team is to reduce domestic violence and ensure more court cases are completed. The team will do preventive work with families and children who are at risk of domestic violence and deliver public workshops on domestic violence and healthy relationships.
- RB**    **Extended Outreach Support**    **\$28,000**  
*Brigantia Place - A Camrose Society for a Women's Shelter, Camrose*  
This program helps women to rebuild their lives after escaping violence. One of the key barriers facing many women is finding an apartment they can afford, so the first priority is to help them to find housing. Women can also attend individual or group counselling sessions, and parent support groups.
- RB**    **Housing Outreach and Transitional Support for Women**    **\$26,200**  
*Young Women's Christian Association of Banff*  
This program will help women who have left an abusive partner to find affordable housing. The women will learn how to conduct an effective housing search, how to build housing expenses into their monthly budgets, and how to find inexpensive furniture and other household items. Computers with internet access are available for housing searches. The organization will also help the women understand how to create a good landlord-tenant relationship and will educate landlords and housing agencies on the specific needs of abused women. The women can receive individual counseling, accompaniment to appointments, help with accessing community and government services, and help with childcare and travel to housing-related appointments. Once the women are in their new housing, the organization will provide ongoing follow-up support through its existing outreach program.
- HR**    **Immigrant Girls Against Gender Violence**    **\$25,000**  
*Calgary Immigrant Women's Association, Calgary*  
In this program, immigrant girls learn about gender violence from a cross-cultural perspective. The girls learn how to create healthy relationships and manage cultural differences. They also learn leadership development skills so they can become future leaders in their communities. The program includes school presentations on gender violence and a youth conference, where the girls will plan and run workshops.
- SS**    **Julietta's Place**    **\$20,000**  
*Central Alberta Women's Outreach Society, Red Deer*  
This new Second Stage Housing Facility has ten apartments for women and children who have escaped domestic violence but can no longer live in an emergency shelter, where stays are often limited to a few weeks. Here, women have the time (up to eighteen months) to rebuild their lives in a safe, secure, and supportive setting. Women attend workshops where they learn to set and achieve personal goals, stabilize their lives, and prepare for moving into permanent housing.
- RB**    **People in Crisis**    **\$12,500**  
*Victorian Order of Nurses for Canada - Western Region, Edmonton*  
In this program, registered nurses visit women's shelters to help abused women deal with a wide variety of concerns, including injuries from physical and sexual assault, mental illness, substance abuse, and health issues such as pregnancy and diabetes. The program uses a "client driven" approach that helps empower women at a vulnerable time in their lives. The nurses are trained to document the abuse using procedures that are recognized in criminal courts. The nurses have also developed a unique Strangulation Protocol that seeks to expose the hidden crisis of choking in domestic violence—despite the frequency of this type of abuse and the danger to women's lives, these incidents tend not to be taken seriously enough by many first responders.

<b>SS</b>	<b><u>Rebuilding Lives for Women with Mental Health and Addiction Challenges</u></b> <i>Sonshine Community Services, Calgary</i> This program provides safe housing and counselling for women who are at extreme risk of ongoing domestic violence, injury, and homicide. Many of the women who use this second stage housing program struggle with mental health issues and addiction. Workshops on parenting education and life skills are available. The women also get help connecting to other resources such as rehabilitation programs.	<b>\$25,000</b>
<b>COM</b>	<b><u>SHIFT (\$55,000 over 2 years)</u></b> <i>University of Calgary</i> Through this project, researchers will develop a new model for measuring the full social and economic costs of domestic violence. They will also identify the current best practices in violence prevention, and present options for creating government policies that will help to end domestic violence, and ways to increase public awareness of the problem.	<b>\$27,500</b>
<b>RB</b>	<b><u>Strengthening the Spirit</u></b> <i>Mountain Rose Women's Shelter Association, Rocky Mountain House</i> Based upon traditional Aboriginal teachings, this program empowers women who have experienced domestic violence, while helping them to help other women. Along the way, they begin to build a new network of friends and resources - a vital step in creating a life free from violence. Women learn about the dynamics of family violence, setting boundaries, and what it means to be in a healthy relationship. Women also have the opportunity to act as mentors to other woman and young girls, a powerful step in building self-esteem and self-confidence. The program uses a holistic approach, encompassing the mental, physical, emotional, and spiritual aspects of life.	<b>\$25,000</b>

**SASKATCHEWAN**

<b>EMP</b>	<b><u>Girl Power Camps</u></b> <i>Saskatchewan Voice of People with Disabilities Inc, Regina</i> This series of day camps is designed for young women (ages 16 to 24) with disabilities to teach them how to recognize, prevent, and report abuse. They will learn about personal safety, self-protection, healthy sexuality, and online safety. The sessions also cover assertiveness training, self-esteem, body image, and stereotypes about women with disabilities.	<b>\$25,000</b>
<b>HR</b>	<b><u>Violence Prevention for Youth</u></b> <i>Canadian Métis Heritage Corporation, Melfort</i> The goal of this program is to prevent violence against Métis or Aboriginal women. It is open to high risk teens in the community, both male and female. The program is based upon the Healthy Relationship model, and is designed to teach youth how to recognize and create healthy dating relationships. The youth take part in experiential learning activities to help them understand and apply their new knowledge.	<b>\$24,370</b>

**MANITOBA**

<b>SE/ST</b>	<b><u>Pathway to Hope</u></b> <i>Assembly of Manitoba Chiefs, Winnipeg</i> Originally developed in Native communities in Alaska, Pathway to Hope is a highly successful program that raises public awareness about human trafficking and sexual exploitation. Our investment will bring together experts and community Elders to train thirty people from First Nations communities across Manitoba to deliver the program. When their training is complete, they will be able to present the program in their own communities, allowing the material to reach a much wider audience. The curriculum is designed for front-line workers in child and family services, justice, health, and education. This training is essential for workers who often deal with cases of exploitation but may not have the training to effectively help the victims. Political leaders and Elders from First Nations communities will also receive the training.	<b>\$20,000</b>
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**RB**     **Red Road to Healing**     **\$25,000**  
*West Central Women's Resource Centre Inc., Winnipeg*  
 This unique program is designed to empower and strengthen Aboriginal women who have experienced domestic violence. Women are helped to rebuild their lives through counselling, educational sharing circles, and traditional ceremonies and teachings by Elders. The program also includes healing and educational activities for the women's children.

**COM**     **Transitions**     **\$25,000**  
*Ndinawemaaganag Endaawaad, Winnipeg*  
 This program was created to help graduates of the Child and Youth Care Certificate Program to find and keep jobs and create a support network, including Sharing Circles and professional development.

**ONTARIO**

**COM**     **Bayt (Home): Addressing Violence in the Lives of Muslim Young Women and their families**     **\$27,000**  
*Barbra Schlifer Commemorative Clinic, Toronto*  
 In this project, young Muslim women will work together to create materials that discuss issues such as domestic violence, forced marriage, traditional gender roles, sexuality, and sexual orientation from their own cultural perspective. These materials will help service providers to improve their services for Muslim women who experience violence. The project will also help to develop the leadership abilities of the young women who take part in the discussions and develop the materials.

**HR**     **Break the Taboo Among Young People**     **\$25,000**  
*Centre Novas, CALACS francophone de Prescott, Casselman*  
 This project offers school-based programs on dating violence and sexual assault to young Franco-Ontarians in rural Eastern Ontario. Trained facilitators will deliver the programs, which have been developed by the Family Violence Research Centre in Quebec.

**LN**     **December 6 Fund**     **\$10,000**  
*YWCA Toronto*  
 This program helps women who are trying to escape domestic violence by providing small interest-free loans that allow women to pay first and last month's rent in a new apartment and cover other expenses related to rebuilding their lives. Women can also find information about other community programs that will help ease the transition to living on their own. The December 6 Fund is a living memorial to the fourteen women murdered on December 6, 1989 at L'Ecole Polytechnique in Montreal.

**HR**     **Developing Leadership and Community Action Skills Regarding Violence Prevention in Young Women**     **\$14,095**  
*K3C Community Counselling Centre, Kingston*  
 This project is designed to help girls (aged 12 to 14) speak out against dating violence. This "community action campaign" will be led by the young women themselves. Working with mentors, they will learn how to prevent dating violence and how to conduct an advocacy campaign. This pilot project is a partnership between Kingston Interval House, Girls Inc., and K3C Community Counselling Centre.

**LN**     **Domestic Violence Rent Bank**     **\$10,000**  
*Victim Services of Brant & Brant Social Services*  
 This program provides interest-free loans to women who are escaping domestic violence and need help paying first and last month's rent and security deposits for heat, hydro and telephones.

**EMP**     **Girlz Choice**     **\$28,000**  
*Community YWCA of Muskoka*  
 This program is designed to enhance the self-respect, sense of personal power, and well-being of Aboriginal girls. Guided by a facilitator, the girls explore topics such as relationships, sexual harassment, violence, body image, eating disorders, stress, substance abuse and self-harm, diversity and gender stereotypes, media awareness, and how to be technologically savvy. The program is delivered by the YWCA in schools, in collaboration with First Nations communities in the Muskoka area.

<b>EMP</b>	<b><u>HEART</u></b> <i>Chatham Kent Women's Centre Inc.</i> This is a psycho-educational group designed for teen girls with intellectual or physical disadvantages. The focus is on preventing dating violence. Using techniques such as expressive arts, role plays, individual assignments, and group discussion, the girls learn how to recognize a healthy relationship, how to set personal boundaries, and how to improve their communication skills in relationships. They also discuss gender stereotypes, body image and self-esteem. The program will also be adapted for the Francophone community and presented by a French-speaking facilitator.	<b>\$28,000</b>
<b>RB</b>	<b><u>Life &amp; Financial Skills</u></b> <i>Yellow Brick House, Richmond Hill</i> This program is designed for women who live in the Yellow Brick House shelter, and previous residents. Through workshops and group discussions, the women will explore issues related to violence prevention, assertiveness, parenting, and life skills.	<b>\$15,000</b>
<b>EMP</b>	<b><u>Living Safe and Strong</u></b> <i>Girls Incorporated of Durham, Ajax</i> This violence prevention program for girls is designed to increase their feelings of personal safety and strength, and to prepare them to be advocates on preventing violence against women and girls. The girls take part in group discussions, group role plays, individual assignments, and video and art projects. These activities help the girls become more aware of the problem, learn how to analyze and reflect on the issues, and gain the confidence to take action.	<b>\$20,000</b>
<b>LN</b>	<b><u>Loan Fund</u></b> <i>Rainy River District Women's Shelter of Hope, Atikokan</i> This loan fund will help women to leave an abusive partner. Small interest-free loans allow women to pay first and last month's rent, and cover basic housing expenses like heat and water. They can also use the loans to pay for child care, tuition and retraining fees, medical and legal bills, and transportation costs related to living in a remote community.	<b>\$25,000</b>
<b>COM</b>	<b><u>Multi-Service Facility</u></b> <i>Catholic Family Services of Peel-Dufferin</i> This project brings together fifteen partners to establish the region's first and only dedicated multi-service facility for victims of domestic violence. Each partner brings expertise in violence against women and child abuse. Together, they will collaborate to develop new client-centred best practices, protocols, and training opportunities. They will also ensure that victims receive fast, effective, and compassionate services. The project is coordinated by the Family Justice and Child Advocacy Centre Planning Committee in Peel.	<b>\$25,000</b>
<b>LN</b>	<b><u>New Beginnings</u></b> <i>United Way of London &amp; Middlesex</i> This loan fund will help women to leave an abusive relationship and rebuild their lives. Small interest-free loans will help them start over again, by covering first and last month's rent, moving expenses, utilities and other basic housing costs. The women can also learn about other programs that will help them get back on their feet. Women who are isolated by geography (rural women) or cultural barriers (newcomer women) are especially in need of this type of program.	<b>\$10,000</b>
<b>COM</b>	<b><u>Outside the Box</u></b> <i>My Sister's Voice, Whitby</i> This project is aimed at improving services for lesbians who are abused by their partners. Most services for victims of domestic violence are designed for heterosexual women, and are not effective for women who are in relationships with women. Through workshops, service providers will learn how to make their programs more accessible to lesbians, including how to reduce homophobia in shelters and police services. The workshops will be conducted in Ontario. Using a "train-the-trainer" approach, the information will be shared with organizations across the country.	<b>\$25,000</b>

<b>COM</b>	<b><u>Queer Deaf Womyn - Violence and Harassment Education</u></b> <i>Ontario Rainbow Alliance of the Deaf &amp; Springtide Resources, Toronto</i> This DVD is a violence prevention resource for Deaf Queer women and the community groups that serve them. Women can use the DVD to learn about the difference between a healthy and unhealthy relationship, and different forms of violence and harassment. The DVD includes a list of community services, tips on self-advocacy, and information on how to get an ASL interpreter (American Sign Language). Service providers can use the DVD to learn how to improve their services for Deaf women who experience violence. The DVD will also include a list of ASL terms used in the Lesbian, Gay, Bi, Transgender, Transsexual, Intersex, Queer, and two spirited (LGBTTIQ2S) communities. This is Canada's very first ASL/captioned violence prevention resource. The DVD is being developed by the Ontario Rainbow Alliance of the Deaf, in collaboration with Springtide Resources	<b>\$28,000</b>
<b>EMP</b>	<b><u>Safety Includes Me</u></b> <i>Community Living Toronto</i> This violence prevention program is designed for women with an intellectual disability who live independently in the community. Workshop topics include safety and prevention strategies. Each woman will receive an individual risk assessment and learn how to develop a personalized safety plan.	<b>\$20,000</b>
<b>HR</b>	<b><u>Stop the Abuse</u></b> <i>Ininew Friendship Centre, Cochrane</i> The violence prevention project for women and teens uses traditional First Nations teachings to explore issues related to relationship violence. Topics include: understanding abuse, healthy relationships, gender roles, self esteem, goal setting, substance abuse, and other topics chosen by the participants.	<b>\$13,510</b>
<b>RB</b>	<b><u>Support and Information/Sisterhood</u></b> <i>St. Matthew's Harmony House, Ottawa</i> This two-part program helps abused women to rebuild their lives after escaping violence. Through the Support and Information program, women who currently live at the Harmony House shelter can get individual counselling, take part in a peer support program, and get practical assistance to get their lives back on track. Former residents can take part in the Sisterhood project, where they learn to build networks with other women and learn about community programs.	<b>\$25,000</b>
<b>SE/ST</b>	<b><u>Walk With Me</u></b> <i>YWCA Toronto (as organizational trustee)</i> This project helps victims of sex trafficking by offering a hotline and a mobile unit that responds to crisis calls within one hour. It also shelters women in a special network of safe houses and helps them to consider their legal options. The project also conducts training—to date, over 10,000 police officers have been trained to recognize and work with trafficking victims, including officers from the RCMP, OPP, FBI and police forces in Toronto, Vancouver, Calgary, Edmonton, Winnipeg, Halifax, and York and Peel Regions. Many community groups have also benefited from the training, including women's shelters, sexual assault centres, schools, and faith communities.	<b>\$28,000</b>
<b>EMP</b>	<b><u>Young Women at Risk</u></b> <i>Sexual Assault Support Centre of Ottawa</i> This program provides outreach, group workshops, and individual support for young women (ages 14 to 24) who have experienced violence. They can get help with many issues, including physical and sexual abuse, sexual exploitation, anger management, homelessness/street involvement, substance abuse, conflict with the law, pregnancy and parenting, and healthy relationships and families.	<b>\$25,500</b>

## QUEBEC

<b>COM</b>	<p><b><u>Action Research Project</u></b>  <i>YWCA, Montreal</i></p> <p>This two-year project will examine the issue of emotional dependency and its effect on girls' ability and willingness to translate critical thinking into action. The project will include youth-led focus groups, workshops that explore the links between emotional dependency and decision-making, and the creation of short video clips. The project uses reflective practice, an effective approach often used to develop new ways of addressing the sexual exploitation of minors, sexualization, and dating violence.</p>	<b>\$25,000</b>
<b>EMP</b>	<p><b><u>Awareness-Raising and Violence Prevention Among Women Living With a Disability</u></b>  <i>Centre de prévention des agressions de Montréal</i></p> <p>These violence prevention sessions are designed for women with physical disabilities. The women will discuss different forms of violence and abuse, self-defence, and sexuality. The goal is to increase their sense of security, break down isolation, and build confidence. Women who have experienced violence in their lives will be supported and encouraged to speak out about the experience, if appropriate.</p>	<b>\$24,874</b>
<b>LN</b>	<p><b><u>Emergency Loan Fund</u></b>  <i>Maison Communautaire Missinak, Quebec City</i></p> <p>This is an expansion of an existing emergency fund, which provides interest-free loans to current and former residents of this Aboriginal women's shelter. The new fund will offer a greater number of loans, for higher amounts, and will expand the purpose of the loans to include housing, education, and childcare.</p>	<b>\$5,000</b>
<b>HR</b>	<p><b><u>Equal Sexual Relationships</u></b>  <i>CALACS Region Cote-Nord, Baie Comeau</i></p> <p>Information sessions will be conducted at youth centres, including one in an Aboriginal community, to give young people a venue to talk about healthy relationships. Sessions will focus on relationships, sexuality, power dynamics, assertiveness, and gender stereotypes. The goal is to change young people's idea of what constitutes a healthy relationship and to change their behaviour to become more respectful. The program also provides information on how the youth can get help if they are in an abusive relationship or have been assaulted.</p>	<b>\$28,000</b>
<b>EMP</b>	<p><b><u>Generation Filles</u></b>  <i>Le Centre Option-Prévention T.V.D.S., Lachine</i></p> <p>This is a unique program: younger girls (ages 6 to 19) are mentored by older girls (ages 15 to 19), who are coached by adult role models. The mentoring process helps all of the girls to develop self-esteem, create a sense of security and belonging, learn how to make healthier life choices, and develop the ability to create safe and healthy dating relationships.</p>	<b>\$20,000</b>
<b>LN</b>	<p><b><u>Loan Fund</u></b>  <i>La Clé sur la Porte, St Hyacinthe</i></p> <p>This new program will provide interest-free loans to women who are fleeing abuse. The women can use the loans to buy furniture, pay first and last month's rent, pay their utility bills, or cover other expenses related to moving into their own place after leaving the shelter.</p>	<b>\$25,000</b>
<b>HR</b>	<p><b><u>Prevention for Healthy Choices</u></b>  <i>Bureau de la Communauté Haïtienne de Montréal</i></p> <p>This healthy relationship program is designed for girls from Montreal's Haitian community. The program helps to educate and empower the girls through information sessions, group discussions, a film night, interactive games, and personal follow-up. The grant also supports the delivery of a healthy relationship program in three local schools with a large population of Haitian students.</p>	<b>\$25,000</b>
<b>SS</b>	<p><b><u>Stop Violence Against Women</u></b>  <i>Maison Flora Tristan Inc., Montréal</i></p> <p>This project offers abused women workshops on empowerment and violence prevention. The workshops are for women who live in the organization's second-stage housing facility, including former residents.</p>	<b>\$28,000</b>

