



EVENT PROGRAM

# SHOCKPROOFING COMMUNITIES

A National Summit for the Gender-Based Violence Sector

27-30 MARCH 2023



SHOCKPROOFING  
COMMUNITIES



WOMEN'S  
SHELTERS  
CANADA



CANADIAN  
WOMEN'S  
FOUNDATION



Women and Gender  
Equality Canada

Femmes et Égalité  
des genres Canada

Canada

## Land Acknowledgement

### The Canadian Women's Foundation

would like to acknowledge that the work of the Canadian Women's Foundation and that of the programs we support take place on traditional First Nations, Métis, and Inuit territories. The Shockproofing Communities Summit is taking place in Ottawa, on the unceded, unsundered Territory of the Anishinaabe Algonquin Nation whose presence here reaches back to time immemorial. We are grateful for the opportunity to meet and work on this land. However, we recognize that land acknowledgments are not enough. We need to pursue truth, reconciliation, decolonization, and allyship in an ongoing effort to make right with all our relations.



*Let's come together  
to exchange ideas,  
share lessons learned  
in the pandemic, and  
come up with strategies  
to shockproof our  
communities.*

## Who we are



**Women's Shelters Canada** brings together 16 provincial and territorial shelter organizations and supports the over 600 shelters across the country for women and children fleeing violence.

Our mission is to work as a unified voice for systemic change to end gender-based violence, while providing leadership for collaboration and knowledge exchange among shelters and transition houses across the country. Shelters support women and children fleeing violence. We support the shelters.



**Canadian Women's Foundation** is a national leader in the movement for gender equality in Canada. Through funding, research, advocacy, and knowledge sharing, we work to achieve systemic change. We support women, girls, and gender-diverse people to move out of violence, out of poverty, and into confidence and leadership.

# SHOCKPROOFING COMMUNITIES:

## A National Summit for the Gender-Based Violence Sector

27-30 March 2023 | Shaw Centre, Ottawa, ON

**What does it mean to “shockproof” communities against spikes in gender-based violence like intimate partner abuse and sexual assault in times of crisis and disaster? It means addressing long-standing gaps in services to prevent violence and equipping everyone to respond to abuse.**

The Canadian Women’s Foundation and Women’s Shelters Canada is pleased to present the *Shockproofing Communities National Summit*, a national summit for gender justice and gender-based violence organizations and leaders, taking place March 27-30, 2023. This interactive, peer-led event includes a Youth Summit Day, a two-day Summit with in-person and virtual activities, and a NAP on the Hill day to discuss the National Action Plan to End Gender-Based Violence.

We hope this Summit will help Canada prepare for, respond to, and prevent spikes in gender-based violence in times of crisis and disaster and, more broadly, enable us to envision, collaborate, and spark anti-violence culture change. Let’s come together to exchange ideas, share lessons learned in the pandemic, and come up with strategies to shockproof our communities and envision a world without violence against women, girls, and Two Spirit, trans, and non-binary people.

### Objectives for the Shockproofing Communities Summit and Project

#### Main Immediate Outcomes

Sharing knowledge and skills acquired between organizations fighting against gender-based violence in the context of the COVID-19 pandemic and beyond.

Catalyzing lessons learned during the pandemic to improve the capacity of all organizations fighting against gender-based violence to redesign essential programs and services according to their needs.

Increasing visibility and public advocacy regarding the national action plan (NAP) on violence against women and gender-based violence.

#### Intermediate Outcomes

Convening organizations working against gender-based violence in the context of the COVID-19 pandemic.

Supporting the GBV sector so it is better equipped to respond to local and emerging contexts during and following crises like the pandemic.

#### Final Outcome

Strong & thriving sector, with the resilience to respond to GBV in times of crisis in Canada.



## Dear delegates,

I'm honoured to welcome each and every one of you to the Shockproofing Communities Summit. Just by being here – to share your knowledge, listen, learn, and strategize – you are playing a vital role in protecting gender justice against an uncertain future. Thank you for taking this time to come together.

The Shockproofing Communities Summit is an important milestone in the Canadian Women's Foundation's emergency and recovery support work. Since the pandemic started, we have strived to support GBV service providers to meet urgent community needs and cover higher costs. We've worked with Women and Gender Equality Canada to distribute more than \$100 million in emergency grants to GBV prevention and intervention programs, getting those emergency funds to where they were so desperately needed and serving more than four million people in every region of Canada.

Developing the Resetting Normal reports\* with many partners to explore the impacts of the pandemic, we have crystalized our recommendations for pandemic recovery. In these reports and the Shockproofing project, the Foundation outlines ground-breaking approaches to support sectors that provide relief for gender-based violence and finding ways to provide additional assistance in times of crisis and emergency.

The only way to put these recommendations into action is through concerted, tireless and inspired action at all levels, from grassroots to federal government. We can only end gender-based violence together.



**THANK YOU AGAIN FOR  
BRINGING YOUR INSIGHTS,  
ENERGY, AND COMMITMENT  
TO THE SHOCKPROOFING  
COMMUNITIES SUMMIT.**

Sincerely,

*Paulette Senior*

**Paulette Senior**

President and CEO

Canadian Women's Foundation



## Resetting Normal\*

The pandemic exposed hard truths about what we think of as “normal”. It has cast new light on long-standing inequities and made them impossible to ignore.

We’ve seen how intersecting gender, racial and colonial injustices have put diverse women at high risk of contracting the virus, as well as job losses and economic instability, heavy caregiving burdens, and rising levels of violence. Those who were in precarious positions before the pandemic are at risk of falling through widening holes in our social safety net.

We collaborated with other organizations and experts to bring forth intersectional gender-based analysis, strategies and policy recommendations on key areas of concern: the gender-equality sector, the care economy, gender-based violence, inclusive leadership, and youth in Indigenous communities. In all, we produced five [Resetting Normal reports](#) that are the basis of our recommendations for pandemic recovery.

What emerged were three powerful lessons that should guide the policy and systemic change to weather the challenges for building intersectional gender justice.

- 1 Community care is an essential service.
- 2 Inequality is harmful to our collective health.
- 3 Our leadership models are obsolete.

Together, these lessons present a vision that will help Canada recover from the pandemic and ‘shock-proof’ the country against possible future crises.

### LEARN MORE:

[Resetting Normal summary report](#)

[Resetting Normal full report series](#)

[Resetting Normal Report 3: Systemic Gender-Based Violence and the Pandemic](#)





## On behalf of Women's Shelters Canada,

it is such a pleasure to welcome delegates to this Summit in Ottawa. Over the next couple of days, I sincerely hope you will have many opportunities to create new connections with people from across the country with whom you share a common passion –to provide the best supports possible while working to end to gender-based violence.

As we gather, almost three years to the day of the initial COVID-19 lockdowns, we give thanks to all of you who worked tirelessly to keep shelters and transition houses operational during the many, many months of hardships. As we know, shelters and transition houses are much more than a bed. You have kept women and children safe as you have navigated the pandemic in your personal and professional lives. You have shared with us the work you were able to do to ensure new immigrant and refugee women were aware of their rights, to create safe spaces for transgender and gender-diverse survivors, and to build on-site pet kennels to allow survivors to bring their pets with them.

Although an enormous task, WSC was honoured to re-distribute the federal funds provided to shelters and transition houses in the context of the COVID-19 pandemic. This enabled shelters and transition houses to remain open 24/7 and to expand their outreach services. They were better able to

let women and children know that they did not need to remain within their homes if home was not safe.

Many pre-existing challenges were exacerbated by the pandemic. Over the last three years, we have seen an increase in femicide along with an increase in the severity of the levels of violence. Mental health and wellness are issues our sector is grappling with not only for the people we support but also for the individuals working in the sector providing the support. Our work on the *Feminist Brain Drain* has looked at the labour challenges shelters and transition houses are encountering, their ways of operating that are supporting retention and worker wellness, and promising practices that organizations have implemented to address labour issues. As well, the housing crisis and lack of safe and affordable housing across the country is an issue that greatly impacts our sector.

**THIS SUMMIT PROVIDES US WITH A UNIQUE OPPORTUNITY TO SHARE AND REFLECT ON WHAT WE HAVE LEARNED OVER THE LAST THREE YEARS AND HOW IMPORTANT IT IS THAT WE WORK TOGETHER TO ADDRESS THE ONGOING PANDEMIC THAT IS GENDER-BASED VIOLENCE.**

Wishing you an inspiring Summit,

*Lise Martin*

**Lise Martin**

Executive Director  
Women's Shelters Canada



**It is truly an honour** to work with all the groups here in Ottawa for the Shockproofing Communities Summit. Thank you for taking time from your full and complex personal and professional lives to participate in this exciting peer learning and convening. It has been too long since we were last able to gather in this way. The huge variety of groups attending, from rape crisis centres, to shelters, to settlement organizations, to national networks, to grassroots student groups, speaks to the extensive work in Canada to address gender-based violence. The only way to eliminate gender-based violence is by concerted, tireless and inspired action. This is essential work we do together.

The Shockproofing Communities Summit is an important continuation and development of the Canadian Women's Foundation's critical emergency and recovery support, work that includes the Resetting Normal reports (links in the information package). Developing those reports, and the Shockproofing project, the Foundation worked with many partners to explore the impacts of the pandemic and its extended phases, confirming that crises exacerbate inequities and lead to most serious negative effects in communities that are already deeply marginalized. This information is vital as we pursue ground-breaking approaches to support sectors that provide relief for gender-based violence and find ways to provide additional assistance in times of crisis and emergency. We can only do this together.

Time and space to discuss what all of this means for gender-based violence work is invaluable. The Foundation team, the Advisory Committee and our partners have worked hard to ensure the widest possible inclusion for this event, however, there are still many barriers to full in-person participation. This is why we have organized a parallel virtual summit to provide important insights on community-based emergency measures and



provide tools for service continuity. We are working together.

**AS THE CHALLENGES WE  
FACE ARE INCREASINGLY  
COMPLEX, IT IS ESSENTIAL TO  
MEET THEM WITH GREATER  
CAPACITY AND FINESSE.**

We must multiply our opportunities to collaborate and share our learning, to build a strong and thriving sector, whether we are working on the National Action Plan on Gender-based Violence, the Calls to Justice from the Inquiry into Murdered and Missing Indigenous Women and Girls, or the National Housing Strategy. We will continue to find ways to be innovative, flexible, and creative. We will continue to respond to spikes of gender-based violence in times of crisis. We will end this together.

*Anuradha Dugal*

**Anuradha Dugal**

Vice-President, Community Initiatives  
Canadian Women's Foundation

## Message from Advisory Committee

As members of the Shockproofing Communities Summit Advisory Committee, we welcome you to this important and timely Summit. We represent a wide range of different organizations, regions, perspectives and experiences. Some of us work in the gender-based violence sectors, providing direct services on the front lines, providing legal support and access to justice, and leading prevention initiatives. Some of us are researchers, policy experts and advocates. Some of us are part of allied feminist and social justice movements that work collaboratively with the gender-based violence sector on issues that intersect with our work – like advancing the National Action Plan on Gender-Based Violence in a way that is measurable, accountable and delivers meaningful progress toward the elimination of gender-based violence.

Many of us are part of specific communities whose voices need to be centred in conversations that tackle gender-based violence – this is why the Brave Space promise you are invited to make is so crucial to this event's success. We believe deeply in intersectional practice and have worked hard to ensure this Summit is inclusive, intersectional, and transformative. This process is never easy – but we must walk this path together with hope, determination and love.

We are at a crucial moment in the effort to prevent, address and eliminate gender-based violence. We are coming out of a global pandemic that had devastating impacts on our sectors and contributed to a rise in all forms of gender-based violence, whether at home, at work, online and in public spaces. Femicide rates are climbing. The genocide of Missing and Murdered Indigenous Women, Girls and Two-Spirit people continues unabated, despite clear Calls to Justice from the National Inquiry. In the broader social context, there is a rise in polarizing anti-feminist sentiment and misogynistic views that threaten violence, impact public opinion and have justified the roll back of women's rights.

Increasing access to MAID (Medical Assistance in Dying) on the basis of physical disability in 2021 (and most recently for people with a mental health disability) is driving more and more women living with disabilities to plan their own deaths, not by real choice, but because of their complete loss of hope.

All levels of government have signaled their desire to work together to make progress with the signing of the National Action Plan. It's up to us to ensure they follow through. To do that, we need to work together, to support each other, and to articulate clearly what needs to happen. We need to keep that fire in our bellies – that drive for change – burning strong. We believe that this event will give you the fuel you need for the work ahead.

## Advisory Committee Members

### **Vicky Smallman**

Canadian Labour Congress CLC

### **Bonnie Brayton & Kanitha Nhek**

Disabled Women's Network  
Canada DAWN

### **Francyne Joe & Paige Kezima**

National Association of Friendship Centres

### **Nuzhat Jafri**

Canadian Council of Muslim Women

### **Gabrielle Comtois**

Regroupement québécois des CALACS

### **Debbie Owusu-Akyeeah**

Canadian Centre for Gender & Sexual Diversity

### **Emilie Coyle**

Canadian Association of E Fry Services

### **Tanya Felix**

Antigonish Women's Resource Centre & Sexual Assault Services Association

### **Erin Whitmore**

EVA Canada

### **Angela MacDougall**

Battered Women Support Services

### **Sheila Swasson**

Haven House and former president NACAFV

### **Jo-Anne Dusel**

Provincial Association Transition Houses Saskatchewan

### **Leah Woolner**

Ontario Council of Agencies Serving Immigrants



# SUMMIT SCHEDULE

Time	TUESDAY March 28, 2023	WEDNESDAY March 29, 2023
6:30		
7:00	<b>Fun activities</b>   7h00 - 8h00	<b>Fun activities</b>   6h30 - 8h00
7:30		
8:00		<b>Breakfast</b>   7h00 - 9h00
8:30	<b>Breakfast</b>   8h00 - 10h00	
9:00		<b>Concurrent sessions</b>   9h00 - 10h30
9:30		
10:00	<b>Opening</b>   10h00 - 11h00	<b>Break</b>
10:30		<b>Self-organized meetings</b>   11h00 - 12h00
11:00	<b>Break</b>	
11:30	<b>Concurrent sessions</b>   11h30 - 13h00	
12:00		<b>Lunch</b>   12h00 - 13h30
12:30		
13:00		
13:30	<b>Lunch</b>   13h00 - 14h30	<b>Concurrent sessions</b>   13h30 - 14h30
14:00		
14:30		<b>20 mins Break</b>
15:00	<b>PLENARY #1</b>   14h30 - 16h00	<b>PLENARY #2</b>   14h50 - 16h00
15:30		
16:00	<b>Break</b>	<b>Closing</b>   16h00 - 16h30
16:30	<b>Concurrent sessions</b>   16h30 - 17h30	
17:00		
17:30		
18:00	<b>Free</b>	
18:30		
19:00		
19:30	<b>Iftar</b>   18h45	
20:00		
20:30		
21:00		
21:30		
22:00		

## PLENARY SESSION DESCRIPTIONS

### PLENARY #1: From Intention to Action: Intersectional Practice in the Gender-Based Violence Sector

TUESDAY MARCH 28 | 🕒 2:30 PM - 4:00 PM

Over the last three years, gender-based violence (GBV) service providers have worked tirelessly, under increasingly difficult conditions, to provide life-saving support and care to survivors, contributing to efforts to shockproof our communities against the increase in GBV wrought by the pandemic.

Increased awareness that gendered violence increases in times of community stress has led to renewed calls for a “culture shift” – away from addressing male violence against women and gender diverse people as an individual problem, towards undoing long-standing discrimination and oppression so that everyone can find safety and well-being.

Conversations about equity, inclusion, and intersectionality have taken place within the GBV sector for years, as many organizations grapple with the legacy of programs and services developed by and for straight, white, cis-gender women. Many have adopted the language of intersectionality, but have struggled to bring it to life through service provision and advocacy in ways that truly address the root causes of the gendered violence that is so pervasive in our communities.

Panelists will explore how service providers can address inequities embedded in longstanding practices, what accountability looks like, and what it takes to interrupt the discriminatory and colonial underpinnings of the sector in order to advance transformational gender justice.

#### MODERATOR

Emilie Nicolas

#### PANELISTS

##### Dalya Israel

Executive Director, WAVAW Rape Crisis Centre

##### Marlihan Lopez

Program and Outreach Coordinator at the Simone de Beauvoir Institute

##### Tia Wong

Co-Chair, Students for Consent Culture

##### Sarah Jama

Executive Director, Disability Justice Network of Ontario

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### PLENARY #2: Making Change: Centering the National Action Plan on Gender-Based Violence

WEDNESDAY MARCH 29 | 🕒 2:50 PM - 4:00 PM

In November 2022, the federal government released its long-awaited National Action Plan on Gender-Based Violence (NAP). Advocates and survivors welcomed the plan and the commitment of the federal government and the provinces and territories to realizing its vision.

The federal government has now turned its attention to implementation and negotiating bilateral agreements with the provinces and territories. National, provincial, and local feminist organizations, advocates, and survivors are highly invested in the

outcomes of these negotiations, seeing this as an important opportunity for progress towards the systemic changes required to end gender-based violence in Canada.

In this session, federal ministers, in particular Minister Ilen (Women and Gender Equality and Youth) and Minister Mendicino (Public Safety) have been invited to join Paulette Senior, President & CEO of the Canadian Women's Foundation, to discuss the NAP and outline their priorities related to ending gender-based violence in Canada.

# BREAK OUT SESSION DESCRIPTIONS

TUESDAY MARCH 28 | 🕒 11:30 AM - 1:00 PM

## Colour of Violence: Race, Gender & Anti-Violence Services

The “Colour of Violence: Race, Gender & Anti-Violence Services” research report found that Indigenous, Black, newcomer immigrant/refugee, and racialized survivors in B.C. who experience GBV face numerous barriers to safety and support, including lack of access to culturally safe services; mistrust of the legal and other state systems; and being minimized or disbelieved. Using an anti-racist, decolonial, and intersectional feminist lens, this discussion will identify key barriers to accessing anti-violence services, offer concrete best practices and share an accompanying toolkit.

### PRESENTATION BY

Battered Women’s Support Services (BWSS)

### PRESENTERS

Angela Marie MacDougall

### FORMAT

Presentation

### LANGUAGE

EN

### ROOM

211

## Community Stitch Project: Creative Community Engagement as a Tool to Raise Awareness & Build Collective Care

Work in the GBV sector can be highly crisis-driven and lead to feelings of isolation. Creative collaborations, like the Community Stitch Project, can engage the wider community in public conversations to combat isolation in creative and restorative ways. Learn about the evolution and future of the Comox Valley Community Stitch Project, a cross-sector, community art project from an intersectional feminist lens.

### PRESENTATION BY

Comox Valley Transition Society

### PRESENTERS

Amy Crook

### FORMAT

Workshop

### LANGUAGE

EN

### ROOM

203

## Data Driven Advocacy: A Guide to Navigating the Rural, Remote and Northern Data Landscape\*

Access to data is a problem in rural, remote and northern (RRN) contexts, and organizations need data to inform policy and legislation. Tangible data collection tools with an intersectional analysis can enable GBV organizations to collect and use disaggregated data to advocate for service provision while protecting anonymity. Using their toolkit as a guide, presenters will explore risks and benefits of RRN data, ways data can bolster collective advocacy, and tools to challenge the systems enabling RRN data gaps.

\*This session is only open to rural, remote and Northern organizations.

### PRESENTATION BY

Rural, Remote, Northern Committee (Yukon Status of Women Council)

### PRESENTERS

Aja Mason and Jess Dorward

### FORMAT

Workshop

### LANGUAGE

EN

### ROOM

201



**TUESDAY MARCH 28 | 🕒 11:30 AM - 1:00 PM**

### **Four Feathers: Creating Accessible Services for Indigenous Women**

The Four Feathers project takes a holistic approach to healing that interconnects cultural traditional healing practices and elder support into Transition House Programming. Four symbolizes the quadrants of the medicine wheel, the four traditional healing medicines, and the four project elements: ways of knowing, ways of being, ways of doing and ways of relating. Project objectives are to provide holistic healing, explore colonialism and racism, create cultural safety, and increase program accessibility.

**PRESENTATION BY**

Nelson Community Services

**PRESENTERS**

Anna Maskerine

**FORMAT**

Circle session

**LANGUAGE**

EN

**ROOM**

202

### **Gender-Based Violence and Disaster Preparedness**

The COVID-19 pandemic impacted clients, staff, and service capacity and availability in the GBV sector, underscoring the need for disaster preparedness. This interactive session will share research recommendations for future planning and intervention in the sector and provide opportunities for participants to discuss disaster preparedness and planning, identify risk and resilience factors which occur during disasters – pandemics and climate events – and identify actions to prepare for future shocks and crises.

**PRESENTATION BY**

Mount Royal University

**PRESENTERS**

Gaye Warthe and

Catherine Carter-Snell

**FORMAT**

Interactive presentation

**LANGUAGE**

EN

**ROOM**

212

### **Root Resilience, Root Change, Root Justice: Building on the National Action Plan (NAP) Recommendations**

Women, girls and gender diverse people with disabilities face the highest rates of gender-based violence but are under-represented in this space, as leaders, as clients and as colleagues. Building off the NAP Recommendations of DAWN Canada and their partners in Rooting Resilience and their work together, change will only come through a continuum of peer support responses. Join a highly participatory session - bring your ideas, your work and your commitment! It's everyone in, if we want to Root Change.

**PRESENTATION BY**

DisAbled Women's Network  
(DAWN Canada)

**PRESENTERS**

Bonnie Brayton, Evelyne Huntjens  
and Sarah Kastner

**FORMAT**

Panel with facilitated audience  
discussion

**LANGUAGE**

EN (Interpretation  
Available)

**ROOM**

Canada Hall 1  
(Plenary Room)

### **Stronger GBV Supports and Services for Muslim Women and Girls**

Through a GBV project focused on identifying and addressing barriers to supports and services for Muslim women and girls facing gender-based violence GBV, the Canadian Council of Muslim Women developed a resource to assess policies, programs, and interactions of service providers, determine strengths and gaps, and where changes are needed. A deep look at CCMW's Policy, Program and Practices Review Guide: Identifying and Addressing Barriers to Services & Supports for Muslim Women and Girls Facing Gender-Based Violence.

**PRESENTATION BY**

Canadian Council of Muslim Women (CCMW)

**PRESENTERS**

Silmy Abdullah and Zainab Jamal

**FORMAT**

Presentation

**LANGUAGE**

EN (Interpretation Available)

**ROOM**

206

### **The Harmful Impacts of Anti-Sex Work Bias in Service Provision**

This panel addresses the harmful impacts of anti-sex work positions on how organizations provide VAW and IPV services, highlighting how these programs impact sex workers and encouraging better practices within feminist organizations. Presentation will focus on how programs aimed at “exiting” sex workers, and ones that work collaboratively with law enforcement, hinder addressing violence and exploitation in the lives of sex workers, particularly those most at risk of violence including Indigenous, migrant, and racialized communities.

**PRESENTATION BY**

Butterfly: Asian and Migrant Sex Workers Support Network, and Affiliates

**PRESENTERS**

Elene Lam, Dalya Israel, Felix Gilliland and Karen Campbell

**FORMAT**

Panel

**LANGUAGE**

EN

**ROOM**

209

### **The Impact of COVID-19 and Health Measures on Feminist Practices in Women's Shelters**

The pandemic has had a direct influence on how people are welcomed and supported within women's shelters. During this workshop, the FMHF will facilitate a discussion on the results of a feminist research partnership that explores the impact of COVID on intersectional feminist practices in FMHF shelters. The discussion will include ways to implement or re-establish intersectional feminist practices as we move past pandemic health measures and reduce barriers to accessing resources for marginalized victims of violence.

**PRESENTATION BY**

Fédération des maisons d'hébergement pour femmes

**PRESENTERS**

Mylène Bigaouette and Sastal Castro-Zavala

**FORMAT**

Workshop

**LANGUAGE**

FR (Interpretation Available)

**ROOM**

204

**TUESDAY MARCH 28 | 🕒 11:30 AM - 1:00 PM**

### **Transformative and Restorative Justice: Strategies to Prevent Gender-Based Violence**

Conversations on Transformative Justice usually centre interventions between a survivor and a person who has caused harm; they are rarely about the power of Transformative Justice in prevention programming. Speakers will share their experiences developing alternative, transformative and non-carceral practices to GBV prevention, highlighting a Transformative Justice approach to prevention programs through two specific programs: The Sense Project and Hoodstop les violences sexuelles prevention program.

**PRESENTERS**

Marlihan Lopez and  
Misanka Mupesse

**FORMAT**

Presentation

**LANGUAGE**

FR (Interpre-  
tation Available)

**ROOM**

205

### **Using portraitX: Preventing Gender-based Violence with Art and Digital Media**

Participants will be guided through a hands-on digital media experience using the portraitX app to learn how to identify how social and digital media can perpetuate gender roles and stereotypes, build digital literacy skills, identify strategies to respond to problematic digital media and inspire positive change through collaborative art and media creation.

**PRESENTATION BY**

Raisdon D'Art

**PRESENTERS**

Nathalie Hazan, Karine Bassal and  
Laïla Breger

**FORMAT**

Workshop

**LANGUAGE**

EN/FR  
(Simultaneous  
Interpretation)

**ROOM**

210

**TUESDAY MARCH 28 | 🕒 4:30 PM - 5:30 PM**

### **Building a Continuum of Care: The Story of a Capital Project**

How can a capital project provide an improved continuum of care? This session will share information, including our lessons learned, on a new capital project, looking to include third-stage housing, and affordable housing to create a continuum of care more conducive to a successful transition out of social programs. Priorities in the build include trauma-informed, and a net-zero component for future and long-term cost-savings and sustainability.

**PRESENTATION BY**

Stepping Stones Crisis Society

**PRESENTERS**

Cindy Yang

**FORMAT**

Presentation

**LANGUAGE**

EN

**ROOM**

202



**TUESDAY MARCH 28 | 🕒 4:30 PM - 5:30 PM**

### **Fleeing Gender-Based Violence for Immigrant Women Living with a Disability: Issues and Solutions**

Women living with a disability are twice as likely as their able-bodied counterparts to experience intimate partner violence, and the risk is even higher for women with immigrant backgrounds. During this presentation, the INÉÉI-PSH will provide the results of a study conducted by the Université de Montréal using an intersectional approach that explores some of the issues experienced by these women, with the goal of identifying possible solutions and ways to support them.

**PRESENTATION BY**

L'Institut National pour l'Équité, l'Égalité et l'Inclusion des personnes en situation de handicap (INÉÉI-PSH)

**PRESENTERS**

Selma Kouidri and Marietta Kersalé

**FORMAT**

Workshop

**LANGUAGE**

FR (Interpretation Available)

**ROOM**

210

### **From Data to Advocacy: First National Survey of Sexual Violence Organizations**

The first national survey of sexual violence services in Canada was completed in January 2023, addressing a significant, persistent gap in national data on community-based sexual assault centres and related sexual violence services across the country. EVA Canada will present findings across key issues and work collaboratively with session participants to identify opportunities and for community-based sexual assault centres to leverage the findings into advocacy in priority areas.

**PRESENTATION BY**

Ending Violence Association of Canada (EVA Canada)

**PRESENTERS**

Stephanie Lanthier, Erin Whitmore, Ashley Major and Salina Abji

**FORMAT**

Workshop

**LANGUAGE**

EN

**ROOM**

204

### **Leading Change: Centering Women's Organizations in Gender-Based Violence Prevention**

The Alberta Council of Women's Shelters highlights the importance of informing public education with a women's shelter lens through three recent initiatives that built community resilience despite shocks to the sector: a partnership with the Alberta Junior Hockey League to build GBV leadership skills among players; building family law professionals' capacity to identify domestic violence and take advantage of recent changes in the Divorce Act; and pandemic adaptations of their Leading Change Expansion Pack.

**PRESENTATION BY**

Alberta Council of Women's Shelters

**PRESENTERS**

Jill Shillabeer and Jan Reimer

**FORMAT**

Presentation with discussion

**LANGUAGE**

EN (Interpretation Available)

**ROOM**

206

**TUESDAY MARCH 28 | 🕒 4:30 PM - 5:30 PM**

### **Shockproofing Non-Status, Refugee, and (Im)migrant Communities**

Explore the question: what does shockproofing against GBV look like for non-status, refugee, and im/migrant (NSRI) women and gender-diverse people? Organizers will present their work coordinating two cross-country projects aiming to dismantle the systemic barriers for NSRI women and gender-diverse people, followed by a participatory discussion among audience members about a vision for shockproofing racialized and immigrant communities.

**PRESENTATION BY**

Ontario Council of Agencies Serving Immigrants (OCASI)

**PRESENTERS**

Leah Evangelista Woolner and  
Margarita Pintin-Perez

**FORMAT**

Presentation and facilitated  
discussion

**LANGUAGE**

EN (Interpre-  
tation Available)

**ROOM**

205

### **The Contributions of Women's Shelters to the Reform of Quebec's Judicial System: Implementing Specialized Courts**

In 2018, Quebec unanimously adopted an initiative to reform its judicial system in an effort to rebuild trust with people who are victims of sexual violence and intimate partner violence. In 2020, a committee of experts from women's shelters proposed 190 recommendations to improve support for victims. In 2021, the Gouvernement du Québec launched its first pilot project to establish a specialized court on the matter. Women's shelters continue to participate in working groups with the Ministère de la Justice and the Ministère de la Sécurité Publique, while remaining vigilant about these critical issues and working to improve victims' access to justice.

**PRESENTATION BY**

L'Alliance des maisons d'hébergement  
de 2<sup>e</sup> étape pour femmes et enfants  
victimes de violence conjugale  
(Alliance MH2)

**PRESENTERS**

Gaëlle Fedida and Sabrina Lemeltier

**FORMAT**

Presentation

**LANGUAGE**

FR

**ROOM**

211

### **The Long and Winding Road: Developing an E-course for Public Education**

Empowering Them is a free e-course rooted in values of community work and informed by the lived experiences of community members that covers a wide array of information about GBV and gives users valuable skills and realistic strategies for addressing it. Through interactive quizzes, activities, and videos users can learn to recognize the signs of abuse, tell the difference between facts and myths, and how to offer support.

**PRESENTATION BY**

St. John's Status of Women Council

**PRESENTERS**

Tania Heath and Dana Warren

**FORMAT**

Case Study

**LANGUAGE**

EN

**ROOM**

212

**TUESDAY MARCH 28 | 🕒 4:30 PM - 5:30 PM**

### **Trans and Gender-Diverse Inclusion in the Gender-Based Violence Sector**

Lack of access to services in the GBV sector still happens for Trans and Gender Diverse people. Through a mixed presentation of information and story telling, speakers from the trans community, both Indigenous, will address the impact for Trans and Gender Diverse people when they are unable to access GBV services in an equitable way, while also sharing a range of tools to put allyship into action and help create safer spaces in the sector.

**PRESENTATION BY**

Diversity Ed. - Safer Spaces Canada

**PRESENTERS**

Crystal Fach and Jayce Carver

**FORMAT**

Workshop with high interaction

**LANGUAGE**

EN

**ROOM**

203

### **Working with Unions on Gender-Based Violence at Work**

7 in 10 workers in Canada report experiencing some form of violence and harassment at work, and almost half experience sexual harassment and violence. Canadian Labour Congress and unions representing workers across sectors explore how gender-based violence impacts workers and workplaces, how GBV service providers and unions can collaborate to support workers and share insights and promising practices for recognizing, responding and preventing GBV at work.

**PRESENTATION BY**

Canadian Labour Congress (CLC) and Affiliates

**PRESENTERS**

Patricia Perry, Siobhán Vipond, Debora De Angelis and Bilan Arte

**FORMAT**

Panel with discussion

**LANGUAGE**

EN/FR (Interpretation Available)

**ROOM**

Canada Hall1 (Plenary Room)

### **Youth Voices Matter: Listening and Taking Action**

For over five years, volunteers at the collective La voix des jeunes compte have worked tirelessly to have Quebec adopt a legal framework to prevent and fight sexual violence in schools. During this presentation, the collective will share what to do and what not to do when supporting youth-led initiatives. It will also speak to the positive and negative aspects of actions taken by its membership, and touch on blind spots in their own work.

**PRESENTATION BY**

La voix des jeunes compte

**FORMAT**

Presentation

**LANGUAGE**

FR

**ROOM**

209



**WEDNESDAY MARCH 29 | 🕒 9:00 AM - 10:30 AM**

### **From Inclusion to Substantive Change: Best Practices for Trans Survivors**

Working with trans and gender diverse survivors requires a re-think of anti-violence. Based on WAVAW's trans-specific sexual assault support services, this session will help participants plan for substantive change to better include trans survivors, going beyond the basics, to cover unique service needs of trans survivors, including practical implications for service delivery and governance and policy needs.

**PRESENTATION BY**

WAVAW Rape Crisis Centre

**PRESENTERS**

Felix Gilliland and Sara Gill

**FORMAT**

Workshop

**LANGUAGE**

EN (Interpre-  
tation Available)

**ROOM**

206

### **GBV Worker Wellness in Canada: Building a National Picture**

WSC and EVA Canada jointly share learnings from research undertaken separately into issues and emerging solutions related to the occupational health, safety, and wellness of the GBV workforce, including burnout, staff recruitment and retention, salary and benefits, job precarity, worker wellness, and pandemic impacts on workers in the GBV sector. A collaborative exercise on how emerging data can advance advocacy follows presentation of the national picture of the GBV workforce in the wake of the pandemic.

**PRESENTATION BY**

Women's Shelters Canada (WSC)  
and Ending Violence Association of  
Canada (EVA Canada)

**PRESENTERS**

Erin Whitmore, Samantha  
Fernandes, Kryz Maki and Robyn  
Hoogendam

**FORMAT**

Workshop

**LANGUAGE**

EN

**ROOM**

202

### **Labrador Cares: A Creative Intervention to Violence Prevention**

Explore a Labrador story that highlights nuances of care at individual, group, and community levels. Today charities, non-profits, and community leaders are pulled into chaotic demands of shifting community needs in response to the pandemic. This session will illustrate how care can be intentionally used as a method of violence prevention and discuss individual accounts of embracing vulnerability to navigate challenges in addressing GBV and supporting women and gender diverse individuals. Slow down and let care and compassion lead.

**PRESENTATION BY**

Newfoundland & Labrador Sexual  
Assault Crisis and Prevention Centre

**PRESENTERS**

Deirdre Connolly and  
Stacey Hoffe

**FORMAT**

Tool or skill-building exercise

**LANGUAGE**

EN

**ROOM**

203

**WEDNESDAY MARCH 29 | 🕒 9:00 AM - 10:30 AM**

### Launching the IndigeHealth Healthy Relationships Podcast

Indigenous youth from diverse Nations launch their podcast on healthy relationships. The youth will break down the conceptual and practical ways they created their podcast, share lessons learned, tools, best practices and a reflection of how healthy relationships to the land, to ancestral knowledge, to language and to art are essential to engage in a more holistic approach to health and wellbeing.

**PRESENTATION BY**

IndigeHealth Hub

**PRESENTERS**

Summer Tyance, Rene Jourdenais  
and Autumn Smiley

**FORMAT**

Presentation

**LANGUAGE**

EN

**ROOM**

212

### Safe at Home: Research and Applications of New Models

Safe at Home models enable survivors to remain safely in their existing home or move directly into their new home. The session will share research on realizing Safe at Home models in Canada, present on the first Safe at Home project in a rural setting in Canada, and explore realizing Safe at Home models at a policy and system level as well as implementation at local and community levels.

**PRESENTATION BY**

Rowan House and Woman Abuse  
Council of Toronto (WomanACT)

**PRESENTERS**

Leah DeMarsh and Dicle Han

**FORMAT**

Workshop

**LANGUAGE**

EN

**ROOM**

211

### Sexual Violence: Sociopolitical Issues and Community Struggles

This presentation, rooted in an intersectional feminist analysis, aims to contextualize sexual violence in Quebec and Canada by addressing both the sociopolitical dynamics at play and the different avenues for social struggle.

**PRESENTATION BY**

RQ CALACS

**PRESENTERS**

Gabrielle Comtois and  
Justine Chénier

**FORMAT**

Interactive presentation

**LANGUAGE**

FR

**ROOM**

204

**WEDNESDAY MARCH 29 | 🕒 9:00 AM - 10:30 AM**

### Sharing Our Experiences to Create Safer Spaces

Intersectional feminist approaches in equity, diversity and inclusion have a complex relationship with gender-based violence. As frontline workers and managers, we can take steps to prevent violence, but we also run the risk of unconsciously perpetuating it. This workshop focuses on sharing experiences in the context of a new practical framework implemented within YWCA Québec.

**PRESENTATION BY**

YWCA Québec

**PRESENTERS**

Lorraine Larouche and Isabelle  
Boulanger-Millot

**FORMAT**

Workshop

**LANGUAGE**

EN/FR (Interpre-  
tation Available)

**ROOM**

210

### Supporting Beyond Words

The pandemic allowed us to rework our intervention strategies and create transferable and useful tools that women who are Deaf or hard of hearing, and/or who have a low level of French comprehension can use every day. When women have the tools they need to handle everyday situations, they become more confident about their skills, power, and personal value. Join us as we share some of these tools and give you a taste of the experience. Presentation.

**PRESENTATION BY**

La maison des femmes sourdes  
de Montréal

**PRESENTERS**

Line Bergeron

**FORMAT**

Presentation

**LANGUAGE**

FR (Interpre-  
tation Available)

**ROOM**

205

### The Harms of Anti-Trafficking in Law & Policy

Addressing the harms of anti-trafficking frameworks, particularly those that frame funding opportunities and policies, speakers will highlight the challenges of frameworks that are guided by funders rather than community needs and realities. Panellists will provide a deep dive into the increasingly growing anti-trafficking movement and reveal some of the reasons why communities need to take action.

**PRESENTATION BY**

Stella, Butterfly: Asian and Migrant  
Sex Workers Support Network, and  
Affiliates

**PRESENTERS**

Elene Lam, Karen Campbell, Molly  
Bannerman, Aja Mason, Jess  
Dorward and Jenn Clamen

**FORMAT**

Panel

**LANGUAGE**

EN

**ROOM**

209



**WEDNESDAY MARCH 29 | 🕒 9:00 AM - 10:30 AM**

### **What the National Action Plan (NAP) on GBV should Be and Do: Influencing Elected Officials**

Discuss strategies and tactics for effective engagement with Members of Parliament about the NAP on GBV. Conversation will cover key messages, specific asks and stories from home, as well as strategic approaches and messages for meeting with provincial and territorial politicians about the NAP. Presentation and workshop.

**PRESENTERS**

Pam Kapoor and Lise Martin

**FORMAT**

Presentation and workshop

**LANGUAGE**

EN/FR  
(Interpretation  
Available)

**ROOM**

Canada Hall 1  
(Plenary Room)

**WEDNESDAY MARCH 29 | 🕒 11:00 AM - 12:00 PM**

### **Gender Justice Sustainability Fund: A Growing Idea**

The women's and gender justice sector and movements, including those focused on GBV, are chronically underfunded and over-subscribed, leading to an underpaid, over-worked workforce, chasing short-term project-based funding and lack of capacity to focus on systemic change and service provision. Join this open, facilitated discussion of a growing idea to develop a Sustainability Fund that could provide women's and gender justice movement organizations with long term sustainability. Open Discussion.

**PRESENTATION BY**

Canadian Women's Foundation &  
Feminist Influencing Group

**LANGUAGE**

EN

**ROOM**

201

### **Self-Organized Sessions**

This is an opportunity for participants to organize their own session at the Summit. Whether sparked by an emerging idea, a gap in programming, or the need to connect nationally on a local issue, these sessions are open for programming by summit participants.

There will be an information table and a whiteboard in the Atrium where you can add an open or closed group session or ask any questions you may have. Adding sessions will close at 9 a.m. on Wednesday morning, or when we run out of space. All meeting rooms will include tables, chairs, wi-fi access, a computer, and a large screen.

**ROOMS**

Canada Hall 1 (Plenary Room), 202,  
203, 204, 205, 206, 209, 210, 211, 212.

### Challenging Ableism in the Non-profit Sector

Using disability justice frameworks when building out programs can ensure that non-profit services are as accessible as possible. The Disability Justice Network of Ontario will go over how to use disability justice frameworks, given the millions of people living with disabilities.

**PRESENTATION BY**

Disability Justice Network of Ontario (DJNO)

**PRESENTERS**

Sarah Jama and Sahra Soudi

**FORMAT**

Workshop

**LANGUAGE**

EN (Interpretation Available)

**ROOM**

210

### Finding a Way Back Out of The Closet: Supporting Black 2SLGBTQ+ Youth Post-Quarantine

A moderated conversation between Black GBV and 2SLGBTQ+ service providers discussing the impacts of GBV as a result of time spent in quarantine with families who aren't safe. Black queer youth deal with and consume content about anti-Blackness on a global level, while also experiencing gender-based violence in their homes making the intersections of race, sexuality and gender of particular interest.

**PRESENTATION BY**

Canadian Centre for Gender and Sexual Diversity (CCGSD) and Affiliates

**PRESENTERS**

Lydia Collins, Tyler Boyce and Dada Gasirabo

**FORMAT**

Panel

**LANGUAGE**

EN/FR  
(Interpretation Available)

**ROOM**

205

### Healing GBV: Circles of Support and Change Project Highlighting African Nova Scotian and Indigenous Experience

The Circle of Support and Change project recognizes that the best methods to address GBV and promote healthy relationships are held within local communities such as project partners Paqtnkek First Nations, African Nova Scotian settlements Sunnyville, Lincolnville, and Upper Big Tracadie, and French Acadian communities of Richmond County. Project leads will share how implementing a community-based approach to GBV can break down barriers and stigma, surface community strengths and resilience, highlight challenges and identify community-led solutions.

**PRESENTATION BY**

Antigonish Women's Resource Centre & Sexual Assault Services Association

**PRESENTERS**

Tanya Felix, Karla Stevens and Tonya Pelley

**FORMAT**

Panel

**LANGUAGE**

EN

**ROOM**

212

### Impacts of COVID-19 on First Nations, Métis and Inuit Youth

Breaking down a 2021-22 survey research project and report conducted to amplify the voices of Indigenous youth and their experiences during the latest pandemic to impact them, this presentation will focus on best practices and lessons learned in this youth-led project, from 'research', 'analysis', and findings, to 'dissemination' and creation of tools for youth to collect information within their own communities and use them to bring awareness about the realities impacting youth, their families, communities and kin.

**PRESENTERS**

Tori Chief Calf

**FORMAT**

Presentation

**LANGUAGE**

EN (Interpretation  
Available)

**ROOM**

Canada Hall 1  
(Plenary Room)

### Implementing Multi-Agency Responses to High-Risk IPV: Learnings from the MARAC Model

Multi-agency high-risk intimate partner violence risk assessment and management in Canada is sporadic and inadequately funded. WomanACT has been working with two Ontario communities to implement multi-agency responses to high-risk IPV, on the MARAC model, adapted to the individual communities. Communities that have implemented multi-agency tables will share evidence and learnings, with a focus on relationship building and information sharing.

**PRESENTATION BY**

Woman Abuse Council of Toronto  
(WomanACT) and Optimism Place

**PRESENTERS**

Prya Shastri and Jasmine Clark

**FORMAT**

Workshop

**LANGUAGE**

EN

**ROOM**

204

### Improving Legal Practice for Victims of Intimate Partner Violence: The Integration of Coercive Control

In this presentation, the Regroupement shares knowledge it has learned from the "Improving Legal Practice for Victims of Intimate Partner Violence" project to raise awareness among support workers operating within the judicial system and train them on the concept of coercive control. The presenters will explain how the theoretical framework provided by the concept of coercive control makes it possible to improve legal practice in the context of intimate partner violence. They will also share different tools with participants to help them understand the concept of coercive control and learn how to detect and document it throughout legal processes.

**PRESENTATION BY**

Regroupement des maisons pour  
femmes victimes de violence  
conjugale

**PRESENTERS**

Karine Barrette and Céline Rossini

**FORMAT**

Conference with interaction from  
participants

**LANGUAGE**

FR (Interpretation  
Available)

**ROOM**

206

### Intervening with Systems to Create Sustainable Change

Engaging in systems intervention can expand organizational impact. PATHS will share successful interventions such as building relationships with government officials, conducting research to support policy changes, engaging with community stakeholders, and harnessing media exposure to illustrate ways GBV organizations can advocate for and achieve systems change such as workplace leave for victims and survivors of Intimate Partner Violence (IPV), Clare's Law, and promoting partnerships to support pet-friendly shelters.

#### PRESENTATION BY

Provincial Association of Transition Houses and Services of Saskatchewan (PATHS)

#### PRESENTERS

Jo-Anne Dusel and  
Crystal Giesbrecht

#### FORMAT

Workshop

#### LANGUAGE

EN

#### ROOM

203

### Relationship Wellness Program

The Relationship Wellness Program works with the families affected by GBV to build healthy relationships through a holistic approach that is inclusive of the perpetrator. The program runs out of Piwapan Women's Centre using a coordinated multi-agency approach, recognizing the need for the whole family to feel heard, the impacts of intergenerational trauma leading to violence, and the hopeful practice of learning healthy communication and problem solving and safety planning for all involved.

#### PRESENTATION BY

Piwapan Women's Centre

#### PRESENTERS

Karen Sanderson

#### FORMAT

Panel  
roundtable

#### LANGUAGE

EN

#### ROOM

202

### Understanding Carcerality in the GBV sector

Carceral responses are inexorably connected to gender-based violence. CAEFS works to address the persistent ways women and gender-diverse people impacted by criminalization are denied humanity and excluded from community. Why are carceral responses easy to rely on, why should they be challenged and what are the alternatives? Case studies from the GBV sector will be used to understand carceral responses, their impact, and suggest non-carceral alternatives. Particular attention will be paid to the experiences of front-line workers.

#### PRESENTATION BY

Canadian Association of Elizabeth Fry Societies (CAEFS)

#### PRESENTERS

Emilie Coyle  
and Nyki Kish

#### FORMAT

Workshop

#### LANGUAGE

EN

#### ROOM

211

### What We learned from Thousands of Workplace Sexual Harassment Survivors

Aftermetoo presenters share what they learned about workplace sexual harassment in Canada over 18 months of conversations with sexual harassment survivors and experts. What survivors said they need from the GBV sector informs Aftermetoo's newly-launched website, a one-stop information shop to help people protect their careers, their finances, and their mental health against the harms caused by sexual harassment.

#### PRESENTATION BY

Aftermetoo

#### PRESENTERS

Sue Gardner  
and Jess Duarte

#### FORMAT

Presentation  
and group  
discussion

#### LANGUAGE

EN

#### ROOM

209

# A BRAVE SPACE PROMISE

**The Shockproofing Communities National Summit strives to be an anti-oppressive and inclusive space founded on intersectional feminist values and a transformative justice framework.**

We ask that all in-person and virtual Summit attendees be respectful of the identities, experiences and perspectives of others. We therefore ask that all attendees agree to treat fellow Summit participants (including speakers, organizers, staff, volunteers, and attendees) with respect and care.

If you witness or experience harm or severe discomfort during the event, please speak to a staff member, vibe checker, or counselor as soon as possible.

## **ACTIONS AND APPROACHES TO CONSIDER**

- Be present as fully as possible.
- What is offered here is by invitation, not demand.
- Speak your truth in ways that respect other people's truth.
- No one is expected to be a spokesperson for their community.
- Strive for a space that is free from judgement, stereotyping and discrimination.
- Respond to others with honest, open questions.

## **Inclusion**

As core principles for this Summit, we strive to embed inclusion practices throughout, starting with engagement and planning, to the content and speakers, and to the follow up we have planned. Inclusion practices go all the way to the food we offer to make this event inclusive and welcoming. With support from the Advisory Committee, our partners and team, and our shared commitment to intersectional feminist practice, we have worked to make this Summit as diverse, representative, inclusive and safe as possible. We have been guided by DAWN Canada's [Toolkit Planning for Diversity](#), and shared it with presenters for their workshop preparation. The Brave Space promise is part of this commitment, to ensure that staff, volunteers and attendees know how to respond to racist, sexist, transphobic, ableist acts committed by either staff or other attendees. We have established bilingualism as central to this event, providing interpretation, and including captioning and ASL / LSQ for our online events.

We have made every effort to fulfil the needs and anticipate as many as we can, but this is a process, and we may not have gotten everything right. This event is an opportunity to continue to show support for each other, being non-judgemental and staying aware of how power and privilege may create exclusion and discrimination despite our best intentions. Centring inclusion also means taking part in an ongoing open dialogue so that we co-create an anti-oppressive space by challenging our assumptions, recognizing our positionalities, and practicing active listening.



## Indigenous Elders and Traditional Knowledge Keepers

At the Summit, we pay respect to the Algonquin people, who are the traditional guardians of the land in and around Ottawa, which remains unceded and unsundered. The opening and closing of this event are important moments to reflect on and express our joint commitment to the Calls to Action from the Truth and Reconciliation Commission and the Calls to Justice from the Inquiry into Murdered and Missing Indigenous Women, Girls and Two Spirit (MMIWG2SLGBTQIA+). We are honoured to include Elders in the Summit, for these ceremonial moments, and to attend throughout the events in support of their communities, and to share their knowledge. We are grateful for the guidance they offer and their generosity in attending. These respected Elders, individuals from their communities, are keepers of traditional teachings, cultural knowledge, spiritual connections and wisdom. First Nations and Métis may perform smudging ceremonies, and Inuit elders may light a qulliq (a traditional Inuit lamp made from soapstone and seal oil). During the Summit, they may offer prayers, and facilitate sharing circles, and provide support and guidance to those from various Indigenous communities and to all those attending this conference.

## Religious and Spiritual Observances

Fasting is a common tradition in many cultures and religions around the world. Two of the most well-known fasting traditions are Ramadan in Islam and Lent in Christianity.

This event is taking place during Ramadan, a month-long fast observed by Muslims worldwide. During this time, many Muslims abstain from food and drink from sunrise to sunset. Ramadan is a time for reflection, prayer, and charity.

Lent is a 40-day period of fasting, reflection, and penance in the Christian faith, beginning on Ash Wednesday and ending on Holy Thursday, before the celebration of Easter. During Lent, many Christians abstain from certain foods, such as meat, or give up a particular vice, such as smoking or drinking.

In both Ramadan and Lent, fasting is seen as a way to demonstrate one's devotion to God and to experience a sense of solidarity with those who are less fortunate while also appreciating the blessings in our lives.

Muslim communities gather at the end of Ramadan to feast on the day of Eid. Anyone who can, provides a small charitable donation a few days before Eid to ensure that the poor are able to feast as well. They start this Eid by praying in mosques, wearing new clothes, exchanging sweets and desserts, and visiting family and friends.

## Iftar

Iftar is a special meal to break the fast at sunset during Ramadan that is also a time for coming together with family and friends to enjoy a meal after a day of fasting. In addition to the food, Iftar is also a time for prayer and reflection. Many Muslims attend special evening prayers during Ramadan, known as Tarawih, after breaking their fast.

The Iftar meal itself is an opportunity to enjoy a variety of traditional dishes and sweets. Dates, a symbol of hospitality, are often the first food to be consumed during Iftar, as they were reportedly the food of choice by the Prophet Muhammad. Other foods that are commonly served during Iftar include soups, stews, rice dishes, and sweets such as baklava and halva.

## Prayers

Throughout the Summit, we will provide a reserved room for anyone who needs to spend time in prayer. This room is open to anyone who would like to observe their religious traditions.

## Quiet reflection space

It is also important for us to provide a space for quiet meditation and relaxation if anyone needs a break from the larger events, and to step away alone if the content of the sessions is stressful or challenging. This space can also be considered a low sensory space to help provide privacy and a moment of calm.

These spaces are clearly marked and can be accessed at all times.

## Health and Safety Procedures - Notes for Attendees

In an effort to prevent the spread of COVID-19 and make this event as health conscious as possible, we will implement the following measures:

- Hand sanitizer will be visible and accessible to all attendees
- Seating will be distanced
- Floor markers will be placed at intervals to encourage distancing in buffet line-ups
- High quality face masks will be available for all attendees
- COVID-19 rapid test kits will be available for anyone to use

### **We ask that you:**

Take appropriate safety precautions while travelling, including masking, physical distancing, and hand washing/sanitizing to prevent possible exposure that could put yourself and other attendees at risk.

Complete [this COVID-19 self-assessment](#) before entering the meeting space, repeated each day for multi-day events. If your self-assessment results in a recommendation to isolate, we strongly recommend that you opt out of this in-person event.

Use a rapid test we provide you if you become symptomatic on arrival and/or during the event. If you test positive for COVID-19, we strongly encourage you to isolate in your accommodations and opt out of this in-person event to limit the spread of the virus.

## National Action Plan to End Gender-Based Violence (NAP) ON THE HILL

With so many frontline workers and advocates from across Canada gathered in Ottawa for the Shockproofing Communities National Summit, *NAP on the Hill* is a timely opportunity for us to strengthen relationships and collaboration with federal politicians.

Our focus? The National Action Plan to End Gender-Based Violence (NAP), launched November 9, 2022.

Our purpose? To explore ways our sector can help make the NAP the best it can be and how we can help accelerate key strategic elements.

Members of Parliament and Senators will hear firsthand, local perspectives on the GBV crisis and urgent actions to end it from the very people working 24/7 to support GBV survivors and their families and to create communities free of violence.

For many participants, this will be the first opportunity to visit members of Parliament and senators in the national capital.

We hope to emerge with renewed commitments to working collaboratively with our sector to advance the NAP and to end GBV in Canada.

# MEET YOUR EMCEES



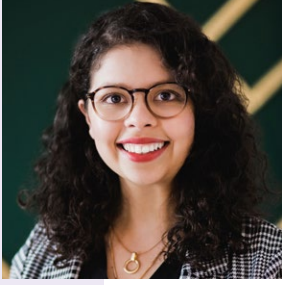
**Beth Jordan** is honoured and excited to be one of the MCs of this pivotal event. She is one of the founders and a Co-CEO of There Management Consulting, a boutique organizational development and communications firm.

Beth works domestically

and internationally with clients who are change-makers doing critical work in social, gender and environmental justice, violence against women, HIV/AIDS, 2SLGBTI rights, community-based health, housing, youth employment, mental health, newcomer and settlement, prisoner justice and addictions services. With over 24 years of leadership experience, Beth is a sought-after management consultant, strategist, facilitator and speaker, who is recognized for her ability to effectively lead organizations and large groups to an understanding and achievement of their common goals. She was the facilitator for the first Women7 (W7) - A Feminist Vision for the G7 held in Ottawa in 2018. Beth has collaborated and consulted with local, provincial, national and international non-governmental organizations (NGO's) on a range of rights-based and organizational development issues. She has successfully secured over \$15 million in major capital and service expansion funds for her clients. She received honoUrary credentials from George Brown College in 2021, is the recipient of the 2006 Premiers Award and the 2005 YWCA Toronto Women of Distinction Award for Social Justice. Beth currently sits on the board of Inter Pares, a Canadian social justice organization working in Canada and around the world to support people's struggles for peace, justice, and equality. She looks forward to animating and amplifying the incredible work that will be done during the Shock Proofing Communities Summit.







### **Nelly Dennene**

We are thrilled to have Nelly Dennene as our French-speaking facilitator for the duration of the forum. Her role will consist of co-creating an environment that fosters participation, where ideas

can interplay to weave into a common vision. She encourages all voices to be heard and celebrates their differences—these core values guide her every day. Her master's thesis in political science, analyses and theories from the Université du Québec à Montréal was dedicated to raising the (in)audible voices of people like her mother and grandmother, who were stripped of their fundamental right to be heard. For over 10 years, she has translated her passion and commitment toward building more just and equitable societies into social mobilization work. She has been a project officer, a popular education organizer

and general director in local and provincial organizations within feminist associations. She is currently a feminist political organizer for the RTRGFQ. Nelly is also the vice-president of the Conseil des Montréalaises in the city of Montreal, where she grew up. As a first-generation immigrant, she firmly believes in the power of communities to take action. Her latest impactful project was the Maison Turquoise (MT), where she helped build connections through project, content creation and facilitation in feminist community involvement between different types of local, provincial, national and international organizations. Ultimately, the MT is about using the law as a tool for social transformation.

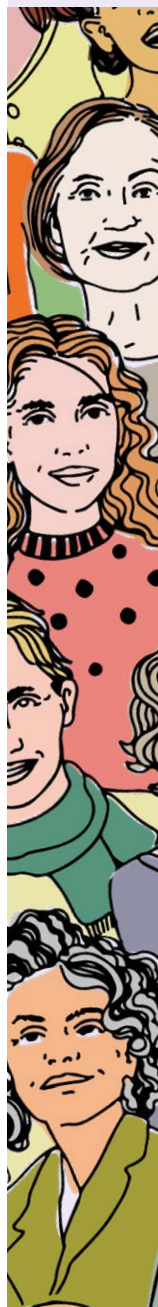


**Dorothy Alexandre** hosts events and facilitates roundtables that explore social issues (equality and the status of women, youth, civil engagement and equity/diversity/inclusion), as well as media and entrepreneurship. She is

thrilled to be facilitating the virtual portion of the summit. Dorothy has a keen ability to foster dynamic and constructive discussions and has poured her convictions and vision into the field of media and communications since 2009. Recognized for her rigour and leadership, she is well positioned to highlight and empower a variety of different voices and perspectives.

From 2020 to 2021, she sat on CBC/ Radio-Canada's national working group on diversity and inclusion, where she contributed to the strategic reflections and recommendations that were made to the public broadcaster's senior management. From 2018 to 2021, before becoming team lead of the Inclusion des communautés initiative, she also led many initiatives as a consultant for the French-language services at Radio-Canada, perhaps most notably the Synergies Radio-Canada incubator, which promotes the implementation of creative and fruitful collaborations between the deciders of Quebec's audiovisual industry and the talent in underrepresented groups.

Socially engaged for the past 20 years, Dorothy is a member of the scientific committee MEM-Centre des mémoires montréalaises. She was also president of the Conseil des Montréalaises from 2017 to 2020. As a mentor to the next generation of dynamic youth, Dorothy is full of gratitude and has overcome many barriers since her humble beginnings as journalist and researcher at Groupe TVA (2009 – 2016).

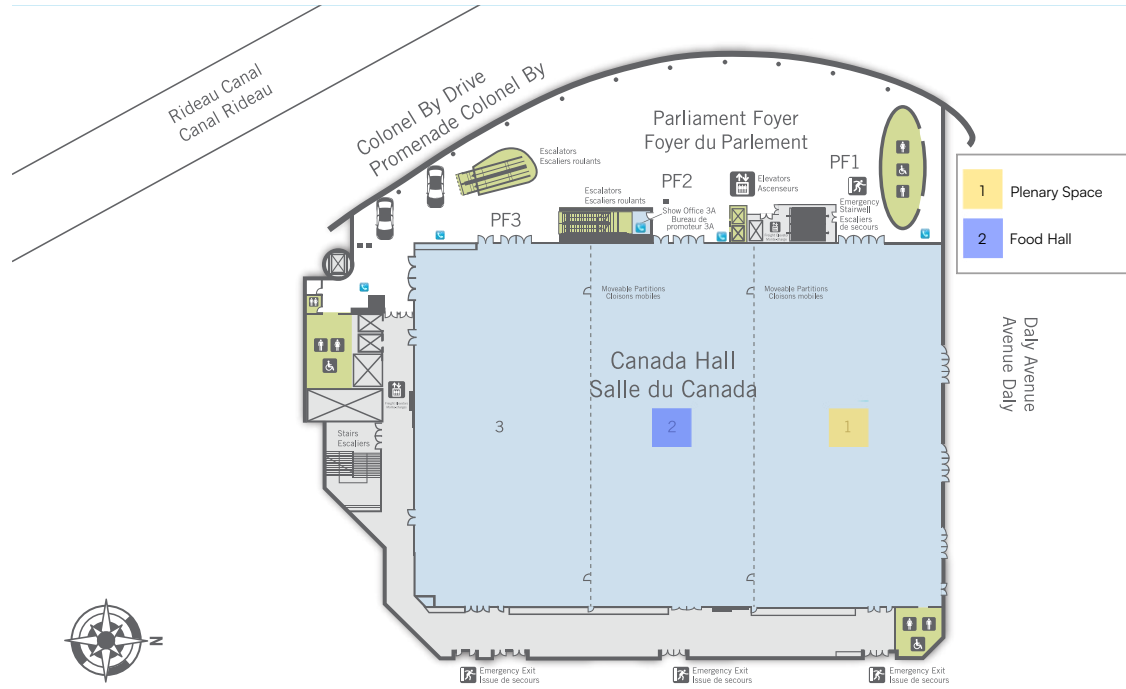


Highlighted Areas Indicate Entrances/Exits

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## LEVEL 3



## ACKNOWLEDGEMENTS AND THANK YOU

Thanks to the generous contributions of many partners and supporters, we have been able to make this Summit possible, based on the work from Resetting Normal Reports, and the Shockproofing Communities knowledge sharing.

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ENDING GENDER-BASED VIOLENCE WILL TAKE ALL OF US.



BE A SIGNAL FOR HELP RESPONDER.



## SHOCKPROOFING COMMUNITIES



Women and Gender  
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