Impacts of Covid-19 pandemic on FNMI youth

**What?**

A survey is a method of gathering information from a group of people using a list of questions, about what they do or think. Everyone who participates in the survey answers the same questionnaire. The goal of a survey is to gain greater understanding on the specific survey topic, and ultimately to better understand population behaviour as a whole.

**Why?**

Survey results help us discover new knowledge we didn’t have before. Surveys give us information about a population, even though we couldn’t ask the whole population, from what we know about the small group of people we did ask. Survey results can be used to influence decisions that need to be made by leaders.

**Who?**

Surveys are conducted by individual people, groups of people, and organizations. Common types of survey givers include government agencies, university researchers, companies that sell products, and news outlets.

**How?**

1. Decide on the topic of the survey. ("Stating the research problem")
2. Identify your target group to ask. ("Compiling the survey sample")
3. Create a list of survey questions. ("Designing the survey instrument")
4. Ask your target group your survey questions. ("Conducting the survey")
5. Count up all the answers to all the questions. ("Tabulating the data" or "producing summary statistics")
6. Examine your survey answers and find interesting patterns in them. ("Analyzing the data")
7. Tell other people about the interesting results you found. ("Reporting the data findings")

**Survey on the impacts of Covid on FNMI youth**

(Conducted between October 2021 and January 2022)
https://canadianwomen.org/resetting-normal/

**Summary statistics:**
- 95 survey respondents
- 18 - 30 years of age
- 52% First Nations, 11% Métis, 37% Inuit
- 70% female, 15% male, 12% other, (3% did not disclose)

**Selected findings from survey:**

Since March 2020, youth have felt more...

- Irritated: 25%
- Anxious: 40%
- Depressed: 50%
- Lonely: 75%

The most difficult Covid-19 restrictions were...

- Limits on social gatherings: 70%
- Limits on business hours: 60%
- Closure of businesses: 55%
- Self-isolation: 45%
- Travel limitations: 40%
- Working from home: 35%
- Wearing masks: 30%

- 70% reported difficulties with attending online classes
- 63% reported feeling less connected with friends
- 58% reported feeling less connected with community
- 84% reported moderate to severe impact of isolation on mental health