DEALING WITH ONLINE HATE INFLUENCER TIPS

Even the little things help, like reporting comments.

Kairyn Potts

The block button is your best friend.
Brynta Ponn

I still come at them with the truth, but I'm doing it in a way that's protecting my own peace, which I think ultimately is the most important thing someone can do online.

Fallon Farinacci

Reach out to others and talk about the hate you're experiencing. Emma & Floli Remember that everyone online is a human with emotions, experiences, and faults of their own.

Libby Ward

I have a 3-e system that I follow within my Instagram and TikTok. So, I erase, I educate, I eradicate. Those are kind of my three steps that I take personally to separate myself as a content creator from my content.

Alicia Mccarvell



^{*}This content features direct quotes from Kairyn Potts, Brynta Ponn, Fallon Farinacci, Emma & Floli, Libby Ward, and Alicia Mccarvell, pulled from <u>Alright, Now What?</u>, a podcast by the Canadian Women's Foundation.