



# DISCUSSION PROMPTS

Is there a girl, woman or gender-diverse role model who inspires you?	What are some activities or habits that help you feel strong and confident?	What is something new you learned about yourself recently?	Is there a topic you wish you had more information on but don't feel super comfortable talking about?	Have you ever felt you were being limited because of who you are?
↓	Why do they stand out?	What are some positive and negative effects of social media for you?	What kind of world do you hope to see in the future?	↓
How can adults help young people feel empowered and confident?	What are some causes (or social issues) you care deeply about?	How do you feel about the way other young people like you are represented in the media?	Do you ever feel pressure to look or act a certain way because of social media?	How did you handle it?
What do you value most in your friendships?	What are some common stereotypes about young people?	↓	How do you balance schoolwork with fun or relaxation?	What's one challenge you're proud of overcoming?
What is one big change that could improve life for young people?	↓	What would you change?	What's one thing you'd be curious to try but haven't and why?	↓
How can we challenge them?	What's something you wish people understood better about you?	How do you want to make a difference in the world?	Do you think your gender affected it?	Want to take the <a href="#">Changemaker quiz with me?</a>

